PB & Berry Flowers

Life's Rich Recipe no. 158



Prep Time: 10 min Total Time: 10 min Makes 6 servings, 2 topped crackers each.

What You Need

2 Tbsp. peanut butter12 RITZ Crackers12 small strawberries, each cut into 4 slices1-1/2 tsp. raspberry jam12 blueberries

Make It

Spread peanut butter onto crackers; top with strawberry slices to resemble flowers as shown in photo.

Spoon jam onto center of each strawberry flower.

Top with blueberries.

Tips

Substitute

Prepare using your favorite variety of nut butter, such as almond butter.

Nutrition Information Per Serving: 80 calories, 4.5g total fat, 1g saturated fat, 0mg cholesterol, 65mg sodium, 8g carbohydrate, 1g dietary fiber, 3g sugars, 2g protein